

AUTISM SECONDARY SCHOOL CHECKLIST

1. Photocopy the time table, have copies in their locker, on the fridge, in their journal and a copy for their pocket.
2. Photocopy their bus ticket. Have a spare ticket in school bag, one at home and one in the school locker.
3. Get colour coordinated folders (available in Mr price). Give each subject a colour, so for example English goes in the blue folder. Put a blue sticker on the text book and copies and colour English blue on the time table. If you have a map of the school then the room where English class is on could be blue also.
4. If using a locker key, make multiple copies and get a springy key chain (easons, etc) and attach it to loop on pants or skirt, nearly all secondary school kids do this anyway. Alternatively, use a combination lock and memorise the code between now and start of school starting. Use nail varnish or spray paint to make it brighter and easier to see from a distance.
5. Buy softback A4 copies...(Contact your school and see can you do this, the weight of the school bags are ridiculous)
6. Have a morning checklist on the fridge, books, lunch, key, jacket etc.
7. Arrange to tour the school over the summer.
8. Have a safe person they can approach for help or advice, more than one if possible.
9. If they have an sna make sure they also have a copy of colour coordinated timetable, a spare key/combo code and bus ticket.
10. Try and build a good relationship with their class tutor or year head.
11. Have a notebook that they can write in during the day if they find something challenging. Don't expect them to talk immediately after school, give quiet, processing time.

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12. Locker at eye level. This is so important! There will be a crowd at the lockers and trying to get between someone's legs to access your locker will be impossible, especially for someone with social communication difficulties, they'll end up late for class or come home missing books needed for homework.

13. Try and have a buddy or designated person in a class that they can text to find out what homework they have.

14. If using a laptop, most secondary books come with an ecd they can upload onto laptop at home so they can leave books in school.

15. Get to know the school secretary!

16. Put a dab of bright nail varnish on school jacket, as they are all so similar, something needs to stand out in a crowd.

AUTISM SECONDARY/HIGH SCHOOL CHECKLIST

1. **Photocopy the time table** (copies for home + school)
2. **Photocopy Bus Ticket** (copies for home, school + bag)
3. **Colour co-ordinate** subjects into zipper folders
4. **Locker Keys-** make multiple copies, add identifiable colour to keys.
Use loop key ring to attach to trousers/bag
5. **Locker Code/Lock Code** – Memorize
6. **Soft Back A4 Copies** (Contact school for permission)
7. **Morning Visual Checklist** (Books, lunch, key, jacket etc.)
8. **Tour the school over the summer** (contact school to arrange)
9. **Draw/Obtain Map of school** showing class rooms +
bathrooms + exits
10. **Have a SAFE person(s)** they can approach for help or advice.
11. **Give SNA copy** of colour coordinated timetable, a spare key/combination
code and bus ticket.
12. **Year Head/Tutor:** Try and build a good communicative relationship with the
Year Head/Tutor.
13. **Notebook:** Have a note book your child can write in during the day. If they find
something challenging they can write it down at school, for you to read when home.
14. **Locker at eye level.**
15. **Designated Homework Buddy-** try and arrange to have a person who
will be able to tell them what their homework is.
16. **Use an ECD with a laptop**
17. **Get to know the School Secretary very well.**
18. **Put a dab of nail varnish on their school jacket to make it
more identifiable.**